

Disclosure Form for Ruth Meinking, LPC

801 N. Weber, #301
Colorado Springs, CO 80903 719-231-2842

Degrees: Master of Arts, Counseling and Human Services
University of Colorado, Colorado Springs, CO

Bachelor of Arts, Liberal Arts, Honors in Geography
University of Kansas, Lawrence, KS

EMDR Consultant & Certified EMDR Therapist

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Licensed Professional Counselor Examiners can be reached at: 1560 Broadway, Suite 1350, Denver, Colorado 80202. 303-894-7800. As to the regulatory requirements applicable to mental health professionals: a Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a master’s degree in their profession and have two years of post-master’s supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision. A Licensed Social Worker must hold a master’s degree in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A certified Addiction Counselor I (CAC I) must be a high school graduate and complete required training hours and 1000 hours of supervised experience. A CAC II must complete additional required training hours and 2000 hours of supervised experience. A CAC III must have a bachelor’s degree in behavioral health, and complete additional required training hours and 2000 hours of supervised experience. A Licensed Addiction Counselor must have a clinical master’s degree and met the CAC III requirements. A Registered Psychotherapist is registered with the State Board of Registered Psychotherapists, is not licensed or certified, and no degree, training or experience is required.

A client is entitled to receive information about the methods of therapy, the techniques used, and the duration of therapy, if known, and the fee. My approach to counseling is holistic: integrating mind, body, emotions, and Spirit. My techniques include: EMDR, cognitive behavioral, rededcision, and healthy emotional release work.

You may seek a second option from another therapist or terminate at any time. In a professional relationship, sexual intimacy is illegal in Colorado and is never appropriate and should be reported to the regulatory agency.

The information provided by you during therapy is legally confidential except as required by law, which is listed in section 12-43-218 of the Colorado Regulatory Statutes. The exceptions would include: reporting threat of serious harm to self or others, child abuse, and when court ordered. I am required by law to notify the Department of Social Services for suspected child abuse. Any other threat of violence to self or others must be reported to the appropriate persons. I have read and understand the above information.

Client Signature

Date

Therapist Signature

Date